

<u>Week 1 Lunch</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Soup and homemade bread	Cream of Mushroom	Leek & Potato	Moroccan Spiced Carrot	French Onion Soup Cheese Croutons	Pea & Mint
	Bloomer	Bloomer	Bloomer	Bloomer	Bloomer
Main meals	Chicken Casserole With Dumplings	Beef Burger In a Bun	Pork Meatballs In a Arrabbiata Sauce	Cottage Pie	Fish Fingers
Vegetarian	Stir Fried Vegetable Noodles	Quorn Fillet in a Bun	Mediterranean Vegetable Lasagne	Winter Vegetable Hot Pot	Chickpea Chilli
Vegetables and Potatoes	Mashed Potato Green Cabbage	Oven baked Wedges Coleslaw	Penne Pasta Sweetcorn	Broccoli Carrots Gravy	Chips Peas Beans
Jacket or pasta	Jacket & Beans			Pasta & Tomato Sauce	Jacket Potato
Hot Dessert	Marble Sponge Custard	Rock Cakes	Cheesecake	Chocolate Chip Flapjack	Ginger Cake
Cold Desserts	Peach Sundae Fresh Fruit Yoghurt	Chocolate Mousse Fresh Fruit Yoghurt	Fruit Jelly Fresh Fruit Yoghurt	Toffee Popcorn Fresh Fruit Yoghurt	Lemon Meringue Pot Fresh Fruit Yoghurt

<u>Week 2 Lunch</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Soup and homemade bread	Tomato	Corn Chowder	Curried Parsnip	Sweet Potato	Vegetable
	Bloomer	Bloomer	Bloomer	Bloomer	Bloomer
Main meals	Turkey Fajita Wrap	Chicken & Sweetcorn Pie Gravy	Roast Pork Loin Gravy	Beef Bolognese	Battered Cod Goujons Lemon wedge Tartar Sauce
Vegetarian	Quorn & Tex Mex Wraps	Butternut Squash & Lentil Wellington	Quorn Fillet with sage & onion breadcrumb	Mediterranean Vegetable Lasagne	Tomato & Mozzarella Bruschetta
Vegetables and Potatoes	Rice Blackened Corn	Mashed Potato Roasted Beetroot Green Beans	Roast Potato Broccoli Roasted Carrots	Spaghetti Sweetcorn Homemade Garlic Bread	Chips Garden Peas Baked Beans
Jacket or pasta	Jacket Potato & Beans	Pasta & Tomato Sauce	Jacket Potato & Grated Cheese	Spaghetti Carbonara	Jacket Potato & Beans
Hot Dessert	Jam Sponge With Custard	Rice Pudding Toffee Sauce	Plum Crumble & Custard	Apple & Oat Bar	Chocolate Fudge Cake
Cold Desserts	Jelly Fresh Fruit Yoghurt Pots	Chocolate Mousse Fresh Fruit Yoghurt Pots	Fruit Cheesecake Fresh Fruit Yoghurt Pots	Chocolate Sundae Fresh Fruit Yoghurt Pots	Banoffee Pie Fresh Fruit Yoghurt Pots

<u>Week 3 Lunch</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Soup and homemade bread	Tomato & Basil	Broccoli	Thai Butternut Squash	Minestrone	Vegetable
	Bloomer	Bloomer	Bloomer	Bloomer	Bloomer
Main meals	Chicken Korma Poppadum's Mango Chutney	Beef Lasagne	Roast Chicken Stuffing Gravy	Chinese Style Turkey Noodles	Pork Hotdogs Onions
Vegetarian	Lentil & Cauliflower Curry	Macaroni Cheese	Roasted Vegetable Tart	Savoury Rice Filled Pepper	Quorn Hotdog
Vegetables and Potatoes	Rice Green Beans Turmeric Cauliflower	Homemade Garlic Bread Sweetcorn	Roast Potatoes Sautéed Cabbage Honey Roast Parsnip	Egg Noodles Stir Fried Peppers & Mange Tout	Chips BBQ Beans Coleslaw
Jacket or pasta	Tomato Pasta Bake		Creamy Sweetcorn Pasta	Tuna Pasta Bake	Jacket & Beans
Hot Dessert	Treacle sponge & Custard	Jam Tart Chantilly Cream	Apple & Blackberry Crumble & Custard	Chocolate Crunch Chocolate Sauce	Shortbread & Peaches
Cold Desserts	Strawberry Mousse Fruit Yoghurt	Fruit Trifle Fruit Yoghurt	Chocolate Sundae Fruit Yoghurt	Vanilla Cheesecake Berry Sauce Fruit Yoghurt	Orange Jelly Fruit Yoghurt