

<b><u>Week 1 Lunch</u></b>	Monday	Tuesday	Wednesday	Thursday	Friday
Soup and homemade bread	Mushroom & Chive	Roasted tomato	Spiced bean & barley	Carrot & coriander	Minestrone
	Bloomer	Bloomer	Bloomer	Bloomer	Bloomer
Crudity pots	Carrots/peppers	Cucumber/peppers	Celery/carrots	Peppers/spring onions	Cucumber/carrots
Main meals	Tomato & basil meatballs	Macaroni cheese	Honey roast gammon	Traditional cottage Pie	Battered Fish with Lemon & Tartare Sauce
Vegetarian	Falafel Pitta with slaw	Stir Fried Vegetable Noodles	Five bean chilli with Rice	Quorn & vegetable Pie	Chickpea & vegetable burger
Vegetables and Potatoes	Penne pasta Carrots Minted peas	Steamed rice Butternut Squash Green Beans	Roast potato Cauliflower Steamed broccoli	Sweetcorn Roasted beetroot	Chips Garden peas Mixed peppers
Jacket or pasta		Chorizo & Parmesan Pasta		Jacket Potato & Beans	Tomato Pasta
Hot Dessert	Chocolate puddle pudding	Mango rice pudding	Pear crumble	Pineapple cake	Vanilla sponge pudding with Jam Sauce
Cold Desserts	Raspberry jelly Fresh cut fruit pots Homemade yoghurt pots	Banoffee Fresh cut fruit pots Homemade yoghurt pots	Chocolate mousse Fresh cut fruit pots Homemade yoghurt pots	"School" mess Fresh cut fruit pots Homemade yoghurt pots	Lemon cheesecake Fresh cut fruit pots Homemade yoghurt pots

<b><u>Week 2 Lunch</u></b>	Monday	Tuesday	Wednesday	Thursday	Friday
Soup and homemade bread	Red lentil	Tomato & basil	Winter chunky vegetable	Cauliflower	Sweet potato & cumin
	Bloomer	Bloomer	Bloomer	Bloomer	Bloomer
Crudity pots	Carrots/peppers	Cucumber/peppers	Celery/carrots	Peppers/spring onions	Cucumber/carrots
Main meals	Mild Chicken Curry Mango Chutney	Sausage & mash with Yorkshire pudding & gravy	Roast chicken with sage stuffing	Traditional beef lasagne	Day Boat Fish "n" Chips, Fried, Crumbed or Grilled served with Tartare & Lemon
Vegetarian	Lentil & Cauliflower Curry	Sweetcorn & courgette fritters with egg	Bruschetta with Tomato, Mozzarella & Basil	Mac n Cheese	Mixed roasted pepper frittata
Vegetables and Potatoes	Rice Sweetcorn Mange tout	Mash Carrots Peas	Roasted potato Steamed broccoli Roasted Squash	Focaccia Olives Green Beans	Chips Garden Peas
Jacket or pasta	Sausage & Tomato Pasta				Cheesy Pasta
Hot Dessert	Chocolate chip sponge & Chocolate Sauce	Orange Drizzle With Cream	Apple Crumble & Custard	Ginger pudding with cream	Treacle Sponge & custard
Cold Desserts	Strawberry mousse Fresh cut fruit pots Homemade yoghurt pots	Banana custard Crunch Fresh cut fruit pots Homemade yoghurt pots	Blueberry fool Fresh cut fruit pots Homemade yoghurt pots	Orange jelly Fresh cut fruit pots Homemade yoghurt pots	White chocolate cheesecake Fresh cut fruit pots Homemade yoghurt pots

<b><u>Week 3 Lunch</u></b>	Monday	Tuesday	Wednesday	Thursday	Friday
Soup and homemade bread	Butternut squash	Moroccan spiced carrot	Potato & watercress	Mushroom	Tomato & chilli
	Bloomer	Bloomer	Bloomer	Bloomer	Bloomer
Crudity pots	Carrots/peppers	Cucumber/peppers	Peppers/spring onions	Celery/carrots	Cucumber/carrots
Main meals	Tex Mex Chicken Tacos	Mild lamb Curry Mango Chutney	Beef Bolognaise	Toad in hole with onions & gravy	Chicken & Sweetcorn Pizza
Vegetarian	Quorn & seasonal vegetable pie	Mushroom Stroganoff	Quorn Bolognaise	Autumn harvest hot pot	Vegetable Paella
Vegetables and Potatoes	Potato Wedges Steamed broccoli Sweetcorn	Rice Poppadoms Cauliflower	Spaghetti Sugar snap peas Sweetcorn	Roasted rosemary new potatoes Herby carrots Minted peas	Chips Garden salad Crudities
Jacket or pasta	Beans with jacket potatoes	Creamy Sweetcorn Pasta Bake			Coronation Chicken & Jacket Potato
Hot Dessert	Plumb Crumble with Custard	Mixed jelly	Rocky road	Milk Chocolate Jaffa cake sponge	Seasonal fruity flapjack
Cold Desserts	Berry & Granola Yoghurt Fresh cut fruit pots Homemade yoghurt pots	Key lime pie Fresh cut fruit pots Homemade yoghurt pots	Knickerbocker glory Fresh cut fruit pots Homemade yoghurt pots	Chocolate sundae Fresh cut fruit pots Homemade yoghurt pots	Mixed fruit jelly Fresh cut fruit pots Homemade yoghurt pots